



Wireless Mental Health and Psychosocial Support to Individuals and Families affected by CoVid19 and other Crisis Situations

Orientation Material

Policy Instruments (International, National, Regional and Local)

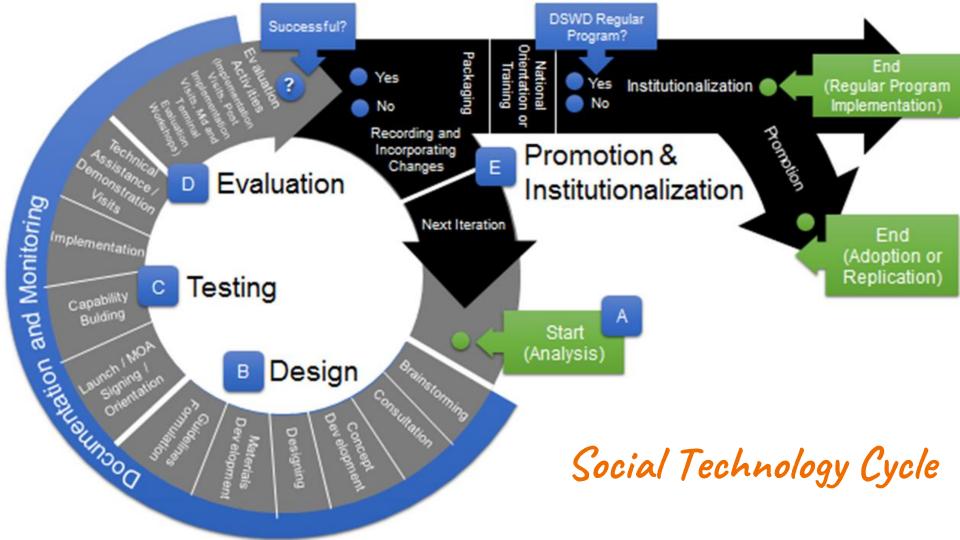
#### SOCIAL TECHNOLOGY DEVELOPMENT PROCESS Test Institutionalize Analyze Promote Evaluate Design Evidence-based Holistic Rights-based Participatory

Social Technology Framework

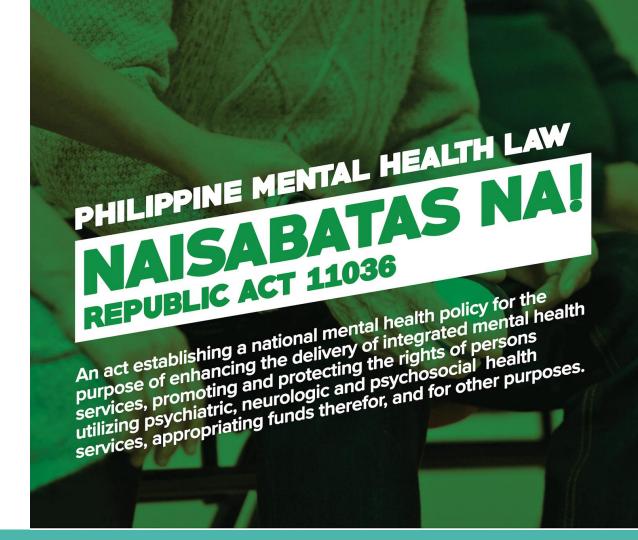
> Improved Human Behavior and Social Functioning

Empowered Families and Communities

Emerging SWD needs, risks, and vulnerabilities of individuals, families and communities



# Legal Basis





#### ADMINISTRATIVE ORDER

No. 03 Series of 2020

SUBJECT: Department of Social Welfare and Development (DSWD) COVID-19 Response

and Recovery Plan (2020-2022)



Deliverables	Activities		ponsible e/Person	Delivery Date	
*	centers being managed.				
Technology-based platforms developed re: Psychosocial support measures/ modules for individuals, families and communities	Develop technology- based platforms to implement existing Mental Health and Psychosocial Services (MHPSS) modules	Social Bureau	Technology	June 30, 2020 July 30, 2020	
with high numbers of COVID-19 cases	Review of existing MHPSS modules as reference  Consultation with concerned agencies Drafting of modules on MHPSS	Interpretations of the provision of this plan include special provisions not covered here concerned CO-OBS may issue operational guidelines to implement specific program projects that are aligned with the strategies.			
	Pre-testing of modules  Finalization of modules			ROLANDO JOSELITO D. BAUTISTA Secretary  APR 2 9 2020	

### Project Description

- a social welfare model of intervention that seeks to establish a systematic response to address mental health and psychosocial needs of individuals and families affected by COVID-19 and other crisis situations through the development and enhancement of wireless and online platforms.
- envisions to mobilize and capacitate MHPSS service providers at the national and regional level.
- intends to make the MHPSS intervention more accessible to its intended clients by developing and utilizing technology-based platforms, in compliance to the infection prevention, control measures and other related guidelines.

### General Objectives

To ensure a systematic response to the psychosocial needs of individuals and families affected by COVID-19 and other crisis situations through the development of technology-based platforms.



### Specific Objectives

- 1. To support the operations of DSWD Central and Field Offices in providing psychosocial support to the individuals and families affected by COVID-19 and other crisis situations by developing systems that will facilitate intake, responding, referral, and recording of cases.
- 2. To execute the Department's duties and responsibilities in the implementation of Republic Act No. 11036 otherwise known as "The Mental Health Act of 2018" as outlined along Section 37 of its implementing rules and regulations.

#### Main Activities

Pre Implementation
Phase

Implementation Phase

Post Implementation Phase

Development and Enhancement of Platforms for the Online Psychosocial Support Sessions

Development/Enhancement of MHPSS Modules and training materials

Learning and Development Interventions for Service Providers

Utilization of the System

Provision of Online Psychosocial Support through Online Means

Establishment of a Case Management Process and Referral Pathways through Online Means

Care and Support for Service Providers

Rapid Assessment

Transition Meetings and Project turn-over

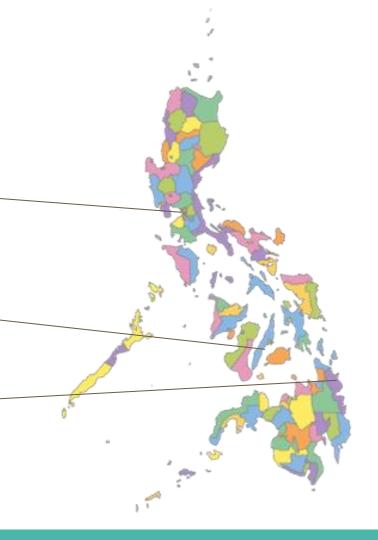
# Pilot Areas, Clientele and Components

#### Pilot Areas

National Capital Region

VII (Central Visayas)

CARAGA



### Target Clientele

**Target Group:** Individuals and Families Affected by COVID-19 and Other Crisis Situations

#### **Final Beneficiaries:**

- Overseas Filipino Workers (OFWs) in Distress
- Children in Need of Special Protection
- Family Heads and Other Needy Adults
- Other Individuals and Families in Distress



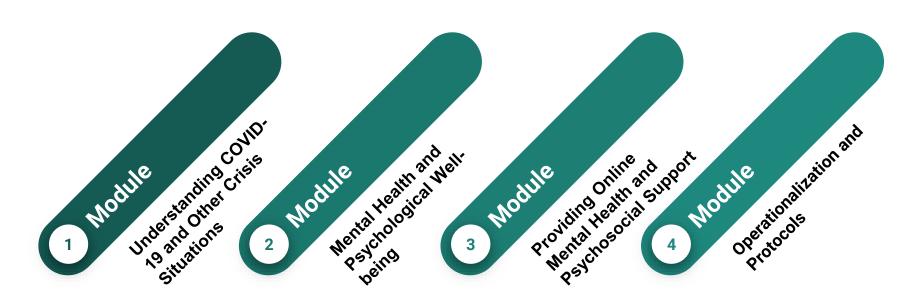


#### Platform for the Online PSS Consultation

The different technology-based platforms to access the service which will be utilized by the MHPSS Service Providers are the following:

- A. Electronic Mail
- B. Web Portal
- C. DSWD WiServ or Text Messaging
- D. Mobile Application
- E. Contact Number

### Learning and Development Activities

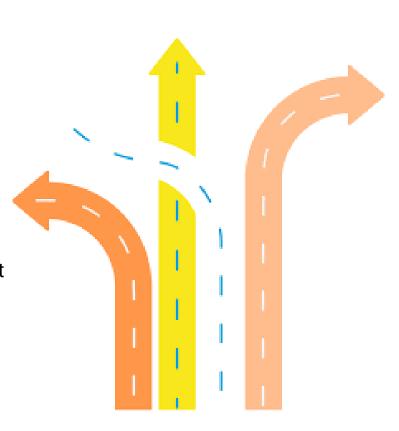


#### MHPSS Provision

- Through the course of the engagement between the client and the MHPSS provider, series of strategies to alleviate the feelings of uncertainties shall be addressed by the MHPSS provider.
- Such interventions shall be based from tested strategies and techniques
  provided by both local and international literatures in providing <u>psychosocial</u>
  <u>support and psychological first aid</u> as deemed applicable.
- Furthermore, the MHPSS provider will base its proposed services on the initial assessment using the concept of intervention pyramid highlighting strengths-based assessment as defined by the social work case management standards.

### Referral Pathway

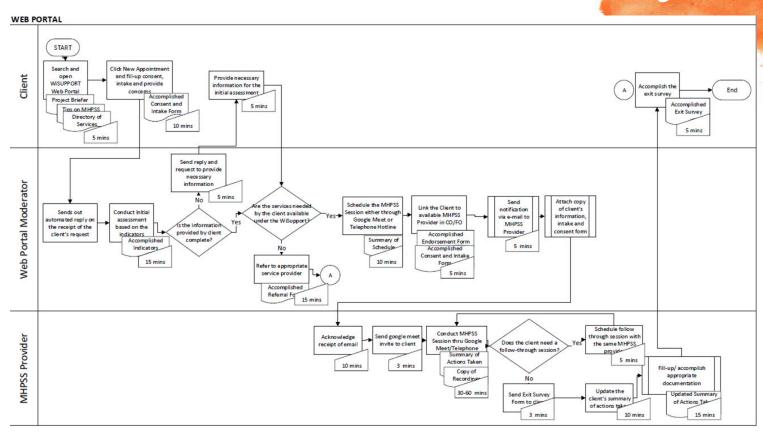
- Immediate interventions shall be provided by the attending MHPSS service providers to assess the needs of the client and coordinate to appropriate offices with clear referral pathways to provide multiple services to meet the client's needs.
- The partnership with Social Welfare and Development Agencies (SWDAs) and other available resources, networks with its programs, and services shall be established for clear referral pathways.



### Agencies involved in the Referral Network

- DSWD
  - International Social Service Office (SW Attache)
  - Program Management Bureau
  - Field Offices (NCR, VII and CARAGA)
- United Registered Social Workers
- DOH
- NCMH
- MHPSS Cluster Members
- Non-government organizations

# Business Process



#### Profiling / Intake Form

#### PROFILING FORM

DSWD WiSUPPORT: Wireless Mental Health and Psychosocial Support

Magandang araw po!

Welcome sa DSWD WiSupport: Wireless Mental Health and Psychosocial Support!

Maaari po lamang na ibigay ang mga impormasyong hinihingi ng mga sumusunod upang maiproseso ang inyong concern o mensahe. Kayo po ay makakasiguro na ang mga impormasyong inyong binigay ay magiging confidential alinsunod sa Data Privacy Act.

Maraming Salamat po!

PERSONAL INFORMATION: Name: Date: Gender: Sex: Male Female Age: Marital Status: Mobile Phone No.: Address: Is it ok to leave a message for you at this Email Address: number? Yes No Emergency Contact Name: Is it ok to email you? Yes No Emergency Contact Mobile Number: How were you referred?

Message or Concern: (Please provide your concern for us to facilitate your request)

#### Referral Form

#### KEFEKKAL FUKM

#### DSWD WiSUPPORT: Wireless Mental Health and Psychosocial Support

Referring Agency						
Agency:		E-m	E-mail Address:			
Location:			Contact Details:			
Receiving Agency						
Agency / Organization:			E-mail Address:			
Location:		Con	Contact Details:			
Client Information Name:		F	I			
			E-mail Address:			
Address:			Contact Details:			
Age:			Sex:			
Emergency Contact Name:		Eme	Emergency Contact Details:			
If Client is a Minor (under 18 years)						
Name of Parent / Caregiver:		Rela	Relationship to the Child:			
Contact Details:						
Background Information / Reason for	Referral:					
Has the client informed of the referral?	•	Has the client been referred to any other organizations?				
Yes No (If no, Explain Below)		Yes No (If yes, Explain Below)				
Service Requested						
Mental Health Services	Social Services		Balik B	robinsya Program		
Psychological Interventions CRCF			Family	Tracing Services		
				-		

#### Referral Feedback Form

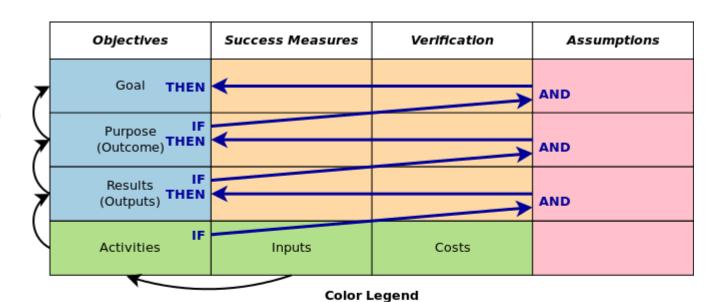
#### REFERRAL FEEDBACK FORM

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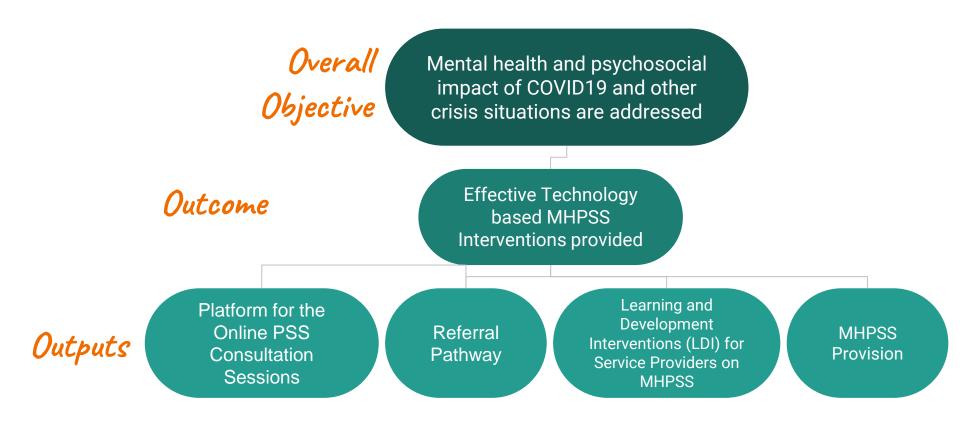
Name of Agency	
Agency:	E-mail Address:
Location:	Contact Details:
Client Information	
Name:	E-mail Address:
Address:	Contact Details:
Age:	Sex:
Emergency Contact Name:	Emergency Contact Details:
If Client is a Minor (under 18 years)	•
Name of Parent / Caregiver:	Relationship to the Child:
Contact Details:	
	<u>'</u>
Actions Taken	
Remarks	
nemarks	
Parameters.	
Prepared by:	
Name:	_
Designation:	_

## Logical Framework

# The Logic In Logframes



- 1. What are we trying to accomplish and why? (Strategic Intent & Alignment)
- 2. How will we measure success? (Performance & Improvement)
- 3. What other conditions must exist? (Assumptions & Risk)
- 4. How will we get there? (Project Management)





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